



Eastleigh District Bulletin October 2026

Editor – Malcolm High

Eastleigh District u3a registered charity number 1181236

Email xxxxxxxxxxxxxxxxxxxxx or mobile xxxxxxxxxxxxxx

Message From Our Chairman

I hope everyone is well and continuing to enjoy the activities and events we make available to you all. October sees the start of the new u3a year and I would encourage you to renew your membership for the 26/27 year as soon as possible.

For those of you who attended our AGM, you will know that we have two new committee members who have joined our team. Pam Gadson has returned to our committee as our Membership Secretary with our previous Membership Secretary, Sue High taking on the role of Technical Officer. We also have Sue Kill joining us as the new Treasurer replacing Sue White who has stood down after 4 years in the role. We are all very much looking forward to working together again with our main aim being to continue to provide the best service we can do for our members.

We still have one vacancy on our committee so if there is anyone who would like to consider joining us, please contact me and I will provide you with more information about the role. Please remember that volunteering is a key element of being part of a u3a. Without volunteers there would not be a u3a!

Can I just remind members of our rule regarding visitors to our u3a. Prospective members may attend up to two open meetings or events as 'tasters' before deciding whether or not to join the u3a.

Andy Payne - Chair



**Welcome to the new members who have joined
since August**

**Steven Guy, Judith Leyman and
Amber Martin**

**For help or information about membership please
contact our Membership Secretary Pam Gadson on xxxxxxxxxxxx or email
xxxxxxxxxxxxxxxxxxxxx**

Time to renew your membership!

Membership fees for 2026/27 are due from 1st October 2026, and again this year the committee have recommended no increase. Current fees are:

Type of Membership	Fee
Full Member	£20.00
Associate Member	£16.00
Reciprocal Group Member	Free

You can pay by:

- BACS to Lloyds Bank Sort Code 30 92 94 Account number 44192560, reference your membership number.
- Cheque payable to Eastleigh District u3a
- Cash at Open Meeting. Please ensure you receive a receipt.

You do not need to fill out another application form to renew, but please inform the Membership Secretary if:

- there has been any change to the information we hold about you.
- there has been any change to your Gift Aid status.
- you are an Associate or Reciprocal Group Member and you are no longer a full member of another u3a.

We hope you will all renew your membership and enjoy another year as part of our friendly u3a. Also, that you will join some of our groups which are an opportunity to meet new people and make new friends. Details of the groups and leaders will be found on the notice board on display in the hall at the Open Meetings

For up-to-date information about u3a activities please see the News, All Events and Group pages on our website eastleigh.u3asite.uk. If you would like to find out more about our groups, please contact Pat White on xxxxxxxxxxxx

Kurling Group

Group members please note the Tuesday 13th October meeting is cancelled due to holidays. The next meeting will be on Tuesday 10th November.

Speakers for the Coming Months at Open Meetings 2 to 4pm

- 21st October Lorna Mills: Hounds for Heroes. Lorna first heard about Hounds for Heroes through a friend and was instantly inspired by their mission to support injured and disabled British Armed Forces and Emergency Services personnel by training and providing Assistance Dogs.
- 18th November Sohail Husain: Suhail, who spoke to us in 2025, will return to tell us some more tales of his life and family. His 6 years of research revealed the extraordinary story of his German Jewish mother and Indian Muslim father and how their own and their parents' lives were impacted by momentous events; most notably the Partition of India and the Holocaust.
It is an astounding tale that spans continents and cultures, war and extremism, the struggles of refugees and immigrants, and how love and indomitable spirit can overcome tragedy and adversity.
- 17th December Xmas Social: With entertainment by Caryn, whose singing we enjoyed last year.

u3a College Lunch

Three course lunches at the Eastleigh Technical College are held at 1200 on Thursdays in the Avenue Restaurant. The dates for the coming college year are:



2026

October 22nd, November 19th, December 17th (Xmas)

2027

January 21st (Burns), February 25th, March 18th, April 15th, May 20th, June 10th.

Please book either with Sue White on xxxxxxxxxxxx or xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx or add your name to the list at our Open Meetings.

Cost at the moment is £18 and £25 for Xmas. You can pay by BACS or cash using payment reference 119.

Pacemakers Walking Group

This group meets on the third Tuesday of each month subject to weather conditions.

Although not excessive, the pace on this group is moderate and may include slightly challenging terrain. The total distance is 4-7 miles, all terrains.



A refreshment stop is usually included. We're a friendly bunch but unfortunately, we've lost some members due to ill health so we'd love to see some new members join us. Full details of where to meet, time and walk leader etc will be sent out nearer to

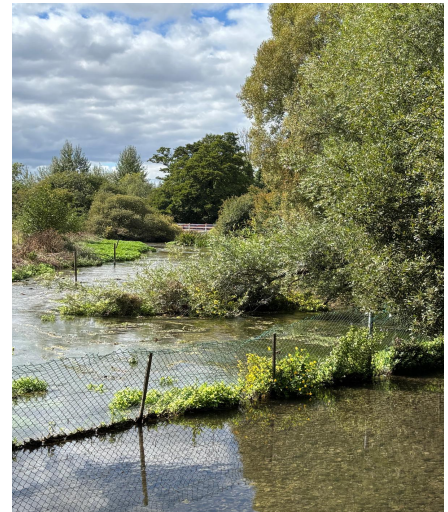
each date.

If interested contact Ann Beeching on xxxxxxxxxxxxxxxxxxxxxxxxxx or xxxxxxxxxxxxxx or Malcolm High on xxxxxxxxxxxxxxxxxxxxxxxxxx or xxxxxxxxxxxxxx

Next Walks

Tuesday 20th October - Hambledon

Tuesday 17th November - Bosham



All pictures from our recent walk on Beacon Hill



Photography Group

After weeks of fine weather it rained on the day of our outside group meeting. However, 7 of us managed to capture some images at Lakeside Country Park in Eastleigh before heading to the cafe for a restorative cuppa.

The group meets on the 4th Thursday of each month at 2pm at a member's home. For more details please contact group leader Liz Mabb at xxxxxxxxxxxx or xxxxxxxxxxxxxxxxxxxxxxxxxxxx



Research Project

We have been contacted by the University of Nottingham asking if any of our U3a members would be prepared to take part in a research project. They are looking for people who find it hard to hear speech in noisy places, including hearing aid users, to join an online training study. The study aims to improve two new listening and thinking games as a support tool for people with hearing loss. If you would like to consider taking part you can email Natalie.Lerigosmith1@nottingham.ac.uk for further details.

Andy Payne – Chair

University of
Nottingham
UK | CHINA | MALAYSIA

Do you find it hard to follow speech in noisy settings or take part in conversations?



If you are over 18 and...

- Experience listening difficulties
- Have access to the internet

We invite you to be part of an online study. The study aims to improve two new listening and thinking games for people with hearing loss.

To take part 📱 <https://tinyurl.com/PLUS-Optimal1>
Or email: Natalie.Lerigo-Smith1@Nottingham.ac.uk

Celebration of Christmas Carols with Classical Music Group

The Classical Music Group are planning on attending this concert at the Poole Lighthouse Theatre on Wednesday 23rd December at 7pm. It will be given by the Bournemouth Symphony Orchestra with the Symphony Chorus and the Youth Chorus. The expected cost is between £45-£50 but that includes transport and will depend on how many end up going.

While music group members will take priority for tickets, if anyone else would like to be on a reserve list, please contact Group Leader Mal High. The list will be closed after the Open Meeting on the 18th November and any reserve list places will be given on a first come, first served basis.

Mal High contact details: xxxxxxxxxxxx or xxxxxxxxxxxxxxxxxxxxxx

Events Team Outings and Events

Please be aware that if you reserve a place on an outing or event, you will be responsible for the full cost as pricing is based on the number of members attending. Of course, we'll make every effort to find someone to buy your ticket but this isn't always possible.

Our bank details for BACS or Cheque payments are:

Bank account name: Eastleigh District u3a

Account number: 44192560

Sort code: 30 92 94

If you are paying by BACS, please include the reference code. Please write on the back of cheques what event they are for.

Hovercraft museum Visit Tuesday Nov 10th

Hi Everyone,

We've arranged a visit to the Hovercraft Museum in Lee-On-Solent on Tuesday November 10th.

The museum is situated in one of the iconic Type J hangers within 'Seaplane Square' an important part of the former HMS Daedalus Naval base. From the pivotal role in naval aviation to its contribution to Hovercraft innovation HMS Daedalus remains a landmark of engineering and historical significance.

We plan to arrive at 10.15 where we'll be given a tour of the museum. Included in the price of £7.50 is a cup of tea with biscuits. Depending on the number of people interested in the visit, we'll either travel by coach or we'll car share.

As the date is quite close, please let me know if you're interested in coming along asap.

Pam [xxxxxxxxxxx](#) or xxxxxxxxxxxxx

Hillier Gardens Light Up show Thursday Dec 17th

Hi Everyone,

We still have a couple of places available for the Light Up Trail at the Hillier Gardens on Thursday December 17th.

The light display is very festive and seems to get better every year. This is an award winning illuminated trail with 11 magical zones. There is a food court and bar area so you've plenty to warm you up on a chilly evening.

The entrance fee is £25 and the cost of the coach is £18.

The entry time will be 6pm with coach pick up times to be advised nearer the date.

If you'd like to come along please contact Sue Aburrow who is organising the visit for the Events team.

You can call Sue on [xxxxxxxxxxx](#)

Best wishes, Pam

Welfare



If you or someone else you know is not feeling so good and would like a card or chat please do contact me. My job is to make sure that you know that we are thinking of you. I cannot do this if you don't tell me.

My contact details are

xxxxxxxxxxxxxxxxxxxxxxxx or xxxxxxxxxxxx

If you have any unwanted used birthday or anniversary cards which you no longer want, would you kindly bring them to me at the Open Meetings? I make them into get well cards to send to anyone in the u3a who is unwell etc. I make the cards to save pennies as the postage is so expensive, and I think that to receive a card in the post is always a nice feeling.

No Christmas cards please.

Many thanks, Glenda.

For u3a Members, by u3a Members

The ethos of u3a is to live, laugh, learn. We are here to help each other. We need your support. The best way you can help our u3a to keep going is to volunteer. There is always something you could help with; make the tea at Open Meetings, help organize a group, be part of the committee. Please ask a committee member if you would like to be part of the whole group, not just the bits that you do now. Thank you.